

January 2026 Meals

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Breakfast Cereal	Breakfast Muffins
					Lunch Chef Salad	Lunch Tuna Pasta Salad
					Dinner Tuna Pasta Salad	
					Snack Apple Bars	Snack Chocolate Dip
28	29	30	31	1	2	3
	Breakfast Oatmeal	Breakfast Parfait	Breakfast Cereal	Breakfast Fruit Cobbler	Breakfast Coffee Cake	Breakfast Cereal
	Lunch Lasagna	Lunch Arroz Con Pollo	Lunch Chili Mac	Lunch Turkey Sammies	Lunch Big Mac Salad	Lunch Pesto Chicken Wraps
	Dinner Cheesy Potato Bake	Dinner Taco Pie	Dinner Chicken Chukani	Dinner Baked Ziti	Dinner Pesto Chicken Wraps	
	Snack Hummus	Snack Grandma Cookies	Snack Buffalo Chicken Dip	Snack Grain Bars	Snack Fruit & Yogurt	Snack Cucumber Salad
4	5	6	7	8	9	10
	Breakfast Bread Pudding	Breakfast Cereal	Breakfast Oatmeal	Breakfast Fruit & Yogurt Parfait	Breakfast Cereal	Breakfast Crumb Cakes
	Lunch Crispy Chicken Mac	Lunch Mexican Rice	Lunch Chicken Alfredo	Lunch Mediterranean Stirfry	Lunch BBQ Baked Chicken	Lunch Chef Salad
	Dinner Spaghetti	Dinner Chicken Fajita Pasta	Dinner Sloppy Joe	Dinner Curry Chicken	Dinner Chef Salad	
	Snack Fruit Bars	Snack Chocolate Dip	Snack Chicken Pasta Salad	Snack Party Mix	Snack Tomato Soup	Snack Guacamole & Salsa
11	12	13	14	15	16	17
	Breakfast Danishes	Breakfast Fruit Cobbler	Breakfast Muffins	Breakfast Cereal	Breakfast Scones	Breakfast Oatmeal
	Lunch Cheesy Beef Bake	Lunch Taco Salad	Lunch Tuna Salad	Lunch Crispy Chicken Bowl	Lunch Pepper Steak	Lunch Chicken Pasta Salad
	Dinner Fritters	Dinner Southwest Pasta	Dinner Teriyaki Chicken	Dinner Pizza Bake	Dinner Chicken Pasta Salad	
	Snack Fruit Bars	Snack Cinnamon Rolls	Snack Fruit & Yogurt	Snack Apple Bars	Snack Hummus	Snack Grandma Cookies
18	19	20	21	22	23	24
	Breakfast Cereal	Breakfast Danishes	Breakfast Fruit&Yogurt Parfait	Breakfast Cereal	Breakfast Oatmeal	Breakfast Coffee Cake
	Lunch Baked Chicken	Lunch Cheesy Taco Bake	Lunch Winter Salad	Lunch Turkey Hoagies	Lunch Brocc Cheddar Cass	Lunch Chx Salad Sandwich
	Dinner Beefaroni	Dinner Chicken Burritos	Dinner Broccoli Chedd Soup	Dinner Parmesan Chicken	Dinner Chx Salad Sandwich	
	Snack Fruit Bars	Snack Smores Bark	Snack Muffins	Snack Grain Bars	Snack Chocolate Dip	Snack Fruit & Yogurt
25	26	27	28	29	30	31