

Breakfast

Breakfast				Monday	Tuesday	Wednesday	Thursday	Friday
	1-2	3-5	6-12	7/1/2024	7/2/2024	7/3/2024	7/4/2024	7/5/2024
Components				Oatmeal and Fruit	Breakfast Hash	Parfait	Breakfast Sandwich	French Toast Casserole
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Roll Oats	toast	WG Toast	Granola	WG Bread
Meat/Meat Alternate	1oz	1.5oz	2oz	Turkey Sausage	Turkey Bacon	Turkey Sausage	Egg, Turkey Bacon	Turkey Sausage
Vegetable	1/8 cup	1/4 cup	1/2 cup	Assorted Fruit	Onions & Spinach	Mixed Berries	Assorted Fruit	Potatoes
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Mixed Fruit	pears	mixed fruit	mixed fruit	Madarin Oranges

Breakfast				7/8/2024	7/9/2024	7/10/2024	7/11/2024	7/12/2024
	1-2	3-5	6-12					
Components				Oatmeal and Fruit	Fritatas	Parfait	Breakfast Tacos	Banana Bread
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Wg Bread	Toast	Granola	WG Tortillas	Banana bread
Meat/Meat Alternate	1oz	1.5oz	2oz	Turkey Sausage	Turkey Bacon	Turkey Sausage	Eggs & Turkey sausage	turkey sausage
Vegetable	1/8 cup	1/4 cup	1/2 cup	Assorted Fruit	Peppers & Onions	Mixed Berries	Potatoes	potatoes
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Mixed Fruit	Pineapple Tidbits	mixed fruit	Avocado	juice

Breakfast				7/15/2024	7/16/2024	7/17/2024	7/18/2024	7/19/2024
	1-2	3-5	6-12					
Components				Oatmeal and Fruit	Breakfast Hash	Parfait	Breakfast Sandwich	French Toast Casserole
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Wg Bread	toast	Granola	Granola	WG Bread
Meat/Meat Alternate	1oz	1.5oz	2oz	Turkey Sausage	Turkey Bacon	Turkey Sausage	Egg, Turkey Bacon	Turkey Sausage
Vegetable	1/8 cup	1/4 cup	1/2 cup	Assorted Fruit	Onions & Spinach	Mixed Berries	Assorted Fruit	Potatoes
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Mixed Fruit	pears	mixed fruit	mixed fruit	Madarin Oranges

Breakfast				7/22/2024	7/23/2024	7/24/2024	7/25/2024	7/26/2024
	1-3	3-6	6-13					
Components				Oatmeal and Fruit	Fritatas	Parfait	Breakfast Tacos	Banana Bread
Fluid Milk	5 oz	7 oz	6 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	13 oz	Wg Bread	Toast	Granola	WG Tortillas	Banana bread
Meat/Meat Alternate	1oz	1.5oz	2oz	Turkey Sausage	Turkey Bacon	Turkey Sausage	Eggs & Turkey sausage	turkey sausage
Vegetable	1/8 cup	1/4 cup	1/2 cup	Assorted Fruit	Peppers & Onions	Mixed Berries	Potatoes	potatoes
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Mixed Fruit	Pineapple Tidbits	mixed fruit	Avocado	juice

Breakfast				7/29/2024	7/30/2024	7/31/2024	8/1/2024	8/2/2024
	1-4	3-7	6-14					
Components				Oatmeal and Fruit	Breakfast Hash	Parfait	Breakfast Sandwich	French Toast Casserole
Fluid Milk	6 oz	8 oz	20 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	27 oz	Wg Bread	toast	Granola	Granola	WG Bread
Meat/Meat Alternate	1oz	1.5oz	2oz	Turkey Sausage	Turkey Bacon	Turkey Sausage	Egg, Turkey Bacon	Turkey Sausage
Vegetable	1/8 cup	1/4 cup	1/2 cup	Assorted Fruit	Onions & Spinach	Mixed Berries	Assorted Fruit	Potatoes
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Mixed Fruit	pears	mixed fruit	mixed fruit	Madarin Oranges