

# 1/2 Hotel Pans:	Portion by Age Group			Monday	Tuesday	Wednesday	Thursday	Friday
5 LUNCH	1-2	3-5	6-12	4/29/2024	4/30/2024	5/1/2024	5/2/2024	5/3/2024
Components				Mac and Cheese	Burrito Bowls	Honey Garlic Chicken	Cheese burger pasta	Mongolian Beef
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Wg Noodles	Wg tortilla chips	WG Noodles	WG Noodles	Rice
Meat/Meat Alternate	1oz	1.5oz	2oz	Cheddar, Mozzarella	Chicken	Chicken	Turkey	Beef
Vegetable	1/8 cup	1/4 cup	1/2 cup	Mixed Veg	Lettuce, Salsa, Beans	Green Beans	Mixed Veggies	Peppers, onions, peas
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Mandarin Oranges	Applesauce	Diced Pears	Peaches	Tropical Fruit
5 Dinner								
Components				Veggie Shepherds pie	Beef Tacos	Cheese burger pasta	Mongolian Beef	Honey Garlic Chicken
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	WG Roll	Tortillas	WG Noodles	Rice	WG Noodles
Meat/Meat Alternate	1oz	1.5oz	2oz	Navy Beans	Beef, Black beans	Turkey	Beef	Chicken
Vegetable	1/8 cup	1/4 cup	1/2 cup	Sweet potatoes	Lettuce, Corn, Salsa	Mixed Veggies	Peppers, onions, peas	Green Beans
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Applesauce	Mandarin Oranges	Diced Pears	Tropical Fruit	Peaches
5 LUNCH	1-2	3-5	6-12	5/6/2024	5/7/2024	5/8/2024	5/9/2024	5/10/2024
Components				Red Beans & Rice	Turkey Fajitas	Baked Ziti	White Chicken Chili	Meatloaf/tomato gravy
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	WG Rice	WG Tortillas	WG pasta	Cornbread	Wg Roll
Meat/Meat Alternate	1oz	1.5oz	2oz	Beans	Turkey	Beef	Chicken	Beef
Vegetable	1/8 cup	1/4 cup	1/2 cup	Onions & Peppers	Onion , Peppers, Potato	Tomato, Mixed Veg	Mixed Vegetables	Mashed Potatoes
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Apple Sauce	Diced Peaches	Diced Pears	Diced Pears	apple sauce
5 Dinner								
Components				Veggie Chili	Arroz Con Pollo	White Chicken Chili	Meatloaf/tomato gravy	Baked Ziti
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	WG Cornbread	WG Rice	Cornbread	Wg Roll	WG pasta
Meat/Meat Alternate	1oz	1.5oz	2oz	Kidney beans	Chicken, Cheese	Chicken	Beef	Beef
Vegetable	1/8 cup	1/4 cup	1/2 cup	Peppers, onions, Tomato	Onion , peppers, Beans	Mixed Vegetables	Mashed Potatoes	Tomato, Mixed Veg
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Mandarin Oranges	Diced Peaches	Diced Pears	apple sauce	Diced Pears
5 LUNCH	1-2	3-5	6-12	5/13/2024	5/14/2024	5/15/2024	5/16/2024	5/17/2024
Components				soup and Grilled cheese	Chorizo Potato tacos	Turkey Stroganoff	Mini Shells & Meat Sc.	Chicken Fried Rice
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Wg Bread	WG tortillas	WG noodle	WG Shells	WG Rice
Meat/Meat Alternate	1oz	1.5oz	2oz	Cheese	turkey	Turkey	Turkey	Chicken
Vegetable	1/8 cup	1/4 cup	1/2 cup	Mixed Vegetables	Lettuce , Salsa, Potato	Mixed Vegetable	Tomato Sauce, Mixed Veg	Mixed Veg
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Oranges	Diced Pears	Diced Pears	Peaches	Diced Pears
5 Dinner								
Components				Veggie Alfredo	Beef Nachos	Mini Shells & Meat Sc.	Chicken Fried Rice	Turkey Stroganoff
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Wg Penne	WG Tortilla Chips	WG Shells	WG Rice	WG noodle
Meat/Meat Alternate	1oz	1.5oz	2oz	Mozz, Parm	Beef	Turkey	Chicken	Turkey
Vegetable	1/8 cup	1/4 cup	1/2 cup	Broccoli, Cauliflower	Salsa, Lettuce, tomato	Tomato Sauce, Mixed Veg	Mixed Veg	Mixed Vegetable
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Apple Sauce	Diced Peaches	Peaches	Diced Pears	Diced Pears
5 LUNCH	1-2	3-5	6-12	5/20/2024	5/21/2024	5/22/2024	5/23/2024	5/24/2024
Components				Mac and Cheese	Taco Salad	Chili Mac	Turkey Stir Fry	Shepherds Pie
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Wg Noodles	WG Chips	WG Noodle	WG Rice	Wg Roll
Meat/Meat Alternate	1oz	1.5oz	2oz	Cheddar, Mozzarella	Chicken	Beef	Turkey	Turkey
Vegetable	1/8 cup	1/4 cup	1/2 cup	Mixed Veg	Salsa, Lettuce, Beans	onions, peppers	Mixed Veg	Peas, corn, carrots
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Mandarin Oranges	Apple Sauce	Peaches	Diced Pears	Tropical
5 Dinner								
Components				Broccoli Cheddar Casserole	Mexican Rice	Turkey Stir Fry	Shepherds Pie	Chili Mac
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	WG Rice	WG Rice	WG Rice	Wg Roll	WG Noodle
Meat/Meat Alternate	1oz	1.5oz	2oz	Cheddar, Mozz	Chicken	Turkey	Turkey	Beef
Vegetable	1/8 cup	1/4 cup	1/2 cup	Broccoli	Beans, Tomatoes, corn	Mixed Veg	Peas, corn, carrots	onions, peppers
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Apple Sauce	Apple Sauce	Diced Pears	Tropical	Peaches
5 LUNCH	1-2	3-5	6-12		5/28/2024	5/29/2024	5/30/2024	5/31/2024
Components					Frito Pie	Tuna Salad	Pizza Casserole	Chili
Fluid Milk	4 oz	6 oz	8 oz		1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz		tortilla Chip	WG Buns	Rotini	Cornbread
Meat/Meat Alternate	1oz	1.5oz	2oz		Beef	Tuna	Turkey, Turk Peperoni	Beef
Vegetable	1/8 cup	1/4 cup	1/2 cup		Beans, Tomatoes	Onion, Celery	Tomato Sauce	Mixed Vegetables
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Memorial Day	Peaches	Pears	apple sauce	Diced Pears
5 Dinner								
Components					Taco Pasta	Pizza Casserole	Chili	Curry Chicken
Fluid Milk	4 oz	6 oz	8 oz		1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz		WG Penne	Rotini	Cornbread	WG Rice
Meat/Meat Alternate	1oz	1.5oz	2oz		Ground Turkey	Turkey, Turk Peperoni	Beef	Chicken
Vegetable	1/8 cup	1/4 cup	1/2 cup		Onions, Peppers	Tomato Sauce	Mixed Vegetables	Chickpeas, carrots
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup		Diced Pears	apple sauce	Diced Pears	Oranges

Snacks

				Monday	Tuesday	Wednesday	Thursday	Friday
5 Snacks	1-2	3-5	6-12	4/29/2024	4/30/2024	5/1/2024	5/2/2024	5/3/2024
Components				Cranberry Granola bake	Banana oat Muffins	Chips and Salsa	Blueberry Bars	Apple Spice Bread
Fluid Milk	4 oz	6 oz	8 oz					
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Granola	rolled oats	Tortilla Chips	Granola	Whole Wheat Flour
Meat/Meat Alternate	1oz	1.5oz	2oz					
Vegetable	1/8 cup	1/4 cup	1/2 cup			Salsa	Blueberries	
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Cranberries	bananas			Apples
5 Snacks	1-2	3-5	6-12	5/6/2024	5/7/2024	5/8/2024	5/9/2024	5/10/2024
Components				Chocolate chip Granola	Cheese and Crackers	Veggie Chips	Cherry Bars	Nana Pudding cups
Fluid Milk	4 oz	6 oz	8 oz	Vanilla Yogurt		Ranch Dip		Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Rolled Oats	Cheddar		Rolled Oats	Bananas
Meat/Meat Alternate	1oz	1.5oz	2oz					
Vegetable	1/8 cup	1/4 cup	1/2 cup			Carrot,		
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup			Sweet Potato	Cherry	
5 Snacks	1-2	3-5	6-12	5/13/2024	5/14/2024	5/15/2024	5/16/2024	5/17/2024
Components				Banana oat Muffins	Apple Bars	Turkey & Cheese Sammies	Strawberry Parfaits	Cherry Granola bake
Fluid Milk	4 oz	6 oz	8 oz				Yogurt	
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	rolled oats	rolled oats	Wg Tortilla	Granola	Rolled Oats
Meat/Meat Alternate	1oz	1.5oz	2oz			Turkey, Cheddar	Strawberries	
Vegetable	1/8 cup	1/4 cup	1/2 cup					
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	bananas	apples			Blueberry Preserves
5 Snacks	1-2	3-5	6-12	5/20/2024	5/21/2024	5/22/2024	5/23/2024	5/24/2024
Components				Nana Pudding cups	Pita and Hummus	Chicken Salad	Mixed Berry Bars	Choc chunk muffins
Fluid Milk	4 oz	6 oz	8 oz	Milk	Pita pockets			
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Bananas		WG Crackers	rolled oats	rolled oats
Meat/Meat Alternate	1oz	1.5oz	2oz		Hummus	Chicken		
Vegetable	1/8 cup	1/4 cup	1/2 cup					
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup				Blueberries, Raspberries	bananas
5 Snacks	1-2	3-5	6-12	5/27/2024	5/28/2024	5/29/2024	5/30/2024	5/31/2024
Components					Chip & Salsa	Blueberry Bars	Fruit & Cheese	Cran/Orange Bread
Fluid Milk	4 oz	6 oz	8 oz					
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Memorial Day		Rolled Oats		Whole Wheat Flour
Meat/Meat Alternate	1oz	1.5oz	2oz				Assorted Cheese	
Vegetable	1/8 cup	1/4 cup	1/2 cup					
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup			Blueberry Preserves	Mixed Fruit	Cranberries