

October Snacks

Note ⓘ
Snacks are only served at
specific centers

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Chips and Salsa	Chocolate Chip Oat Bars	Peach Parfait	Chicken Salad	
29	30	1	2	3	4	5
	Chocolate Hummus	Banana Bread	Pasta Salad	Baked B.Berry Oatmeal		
6	7	8	9	10	11	12
		Harvest Mix	Yogurt Dip and Veg Sticks	Fruit Crisp		
13	14	15	16	17	18	19
	Pasta Salad	Dried Fruit and Cereal Mix	Chicken Salad Roll Ups	Chocolate Hummus		
20	21	22	23	24	25	26
	Fruit & Cheese Crackers	Yogurt Dip/Veggie Sticks	Fruit & Crackers	Baked Peach Oatmeal		
27	28	29	30	31	1	2

UGK Community First is an equal opportunity provider.